



Engineer Jeff Smith

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FULLY INVOLVED

VOLUME XV

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EMERGENCY SUPPLY RESERVE

A couple years ago we began an emergency supply reserve for Lehi Fire Department personnel. It started with storing the basic emergency needs for fire crews in case of a local emergency while on duty. You may have seen some of the items in storage at Station 81. These emergency supply items include: meals ready to eat, water barrels, portable toilets, and emergency candles. Until now this has been the emergency supply reserve for the entire department. This year we were able to add to the emergency supply reserve and with the new additions, we now have enough supplies to last for 72 hours for 34 employees per day. Supplies were figured for all full time employees and daily staffing of part time employees. Each station has split the supplies evenly. I would like to list the items we have and some of the reasoning behind these purchases.

Emergency Lighting Supplies: Headlamps, Emergency Flashlights, Lanterns, Candles, and Light sticks.

The headlamps can be used inside and outside the station to assess any damages and hazards that may have occurred. Emergency flashlights can be used to assess damages, but they are also capable of charging cell phones with a hand crank charging system. This is the main use for these since cell phone reception is usually one of the first things to be restored in an emergency. The candles and lanterns can be use for food preparations and meal times. Light sticks can be put in hazardous atmospheres and small areas to check for any type of leaks.

Hygiene supplies: Portable toilets and personal hygiene kits.

The hygiene kits have not been completed yet, but they will have travel size items such as: shampoo, soap, deodorant, tooth brush, tooth paste, feminine products, razors, etc...

Food, Water, and Cooking Supplies: Water Barrels, MRE, Dry Food Storage, and Cookware.

Each station has two 55 gallon drums of water and 5 cases of MRE's. Also in storage are many different types of dry food storage items that have a shelf life of 25-30 years. These items include: rice, beans, apples, carrots, potatoes, spaghetti, condensed milk, sugar, and oats. They can be cooked on a two cast burner camp chef stove that also has a griddle. A propane tank has been filled and stored at each station and should be saved for emergency use only.

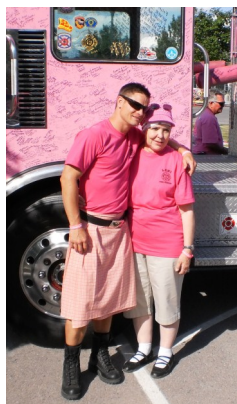
Please take the time to look where these items are stored at each station. FF Cullen has organized the items at Station 81 and I have organized the items at Station 82. If you have any questions or suggestions for future items please feel free to express them to one of us.

Current Events

The month of June was a very productive for the Lehi Fire Department. The Pink Heals Tour which brings cancer awareness with their pink fire engines came through Utah and made a stop at Thanksgiving Point during the Scottish Festival. Thanksgiving Point was great to us. They allowed us to set up a booth to sell our T-shirts, wristbands and balloons for fundraising. They also let us display the pink fire engine along with our own apparatus. We had a great turnout to the event and were able to raise a lot of money. Our own Sharee Rosqvist and Trevor Dorton played a huge part in bringing this great event to Lehi.



Firefighter Shad Hatfield



FF Dorton & Burdette Powell



We had a great low angle rope rescue class put on by Captain Tim Robinson which was held at the Point of the Mountain Flight Park. It was great to get out and use our rope skills to overcome the problems Captain Robinson sent our way.

Lehi Round Up Day's was a huge success. The fire department made a great showing at many of the different events such as the annual parade, rodeo and 5K run. Dan Harris, Tim Robinson, Trevor Dorton, Shad Hatfield, Jake Beck, Steven Johnson, Jeff Smith, Trent Stanley and Angie Andrus all participated and completed the 5K run. Our Lehi Fire team took 1st place in the team competition.

As you'll notice this month, the newsletter will be much more simplified. We'll continue to bring you Fully Involved each and every month, the difference being that you'll see the full publication every other month. We'll continue to keep you up to date with the latest and greatest news and important information. Remember to visit our Flickr site to check out our latest photos and videos at

<http://www.flickr.com/photos/fullyinvolvednewsletter/>

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Bountiful Baskets Food Co-op - station 82
3	4th of July Association Breakfast 7-9am City Offices Closed	5 Fire Scene Evi- dence Preserva- tion @ Station 82	6	7 Fire Scene Evi- dence Preserva- tion @ Station 82	8	9 Bountiful Baskets Food Co-op - station 81 & 82
10	11 Payroll SRT - Hazmat @ Orem Station 3	12 Training -Questar	13 SRT - Hazmat @ Orem Station 3	14 Officer's Meeting @ station 82	15	16 Bountiful Baskets Food Co-op - station 81 & 82
17	18	19	20	21 Fire Scene Evi- dence Preserva- tion @ Station 82	22	23 Bountiful Baskets Food Co-op - station 81 & 82 Foam Day 11am
Pioneer Day 24	25 Training - Extri- cation @ Station 261 / Transwest	26 Payroll	27 Training - Extri- cation @ Station 261 / Transwest	28 Training - Extri- cation @ Station 261 / Transwest	29	30 Bountiful Baskets Food Co-op - station 81 & 82
31 City Offices Closed						

Featured Call



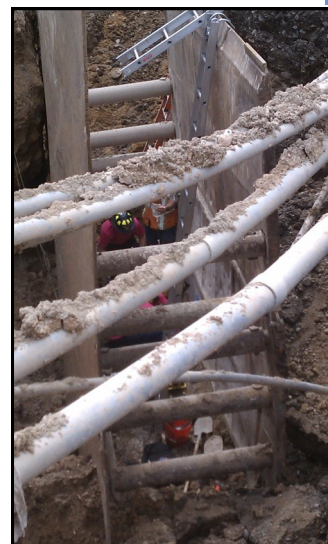
On the afternoon of May 31, 2011 Tower 82 and Ambulance 82 were dispatched to just north of Cabelas for a construction worker who had been involved in a trench collapse. Details given by dispatch indicated the worker had been buried up to his waist and then freed of the rubble by other workers in the trench. Tower 82 requested BC 81 and engine 81 to respond with the Rescue Trailer. A medical helicopter was also requested to respond.



Engineer Rickey Casper

Upon the arrival of Company 82, the crew found the trench to be approximately 15 feet deep. A trench box was in place and the patient had been pulled back into the box. The patient was conscious and breathing complaining of pain in his back, lower extremities and difficulty breathing. One medic from ambulance 82 was able to make entry into the trench box from the bottom to start patient care. It was decided by command the safest way to get the patient out would be a raising system off of a highpoint. Ladder 82 was positioned for the highpoint and the pre-rigged 4:1 was used for the raising system, a 540 was used for a safety stop. A ladder was stretched across to the trench box and tied off to an anchor. A roof ladder was then lowered into the box for access from the top of the trench. One firefighter then entered the trench to help with patient care. A full assessment and vitals along with an IV and pain management had been started by the Medic by the time the firefighter entered the trench box. The patient was then placed on a backboard and full c-spine precautions taken. The Stokes basket was then lowered and two more firefighters entered the trench box to aid in patient packaging and to man tag lines. The patient was raised out of the trench and loaded into the ambulance then transported to the Cabelas parking lot where he was then transported to a trauma center by helicopter.

Medical personnel from the hospital later informed us of the extent of the patient's injuries. He had injuries to his lower back, spleen, busied aorta and a tension pneumo.





JULY BIRTHDAYS

- Brett Fraser 07/01
- Harvey Bond 07/02
- Robert Morley 07/06
- Ryan Orr 07/09
- Chris Trevino 07/11
- Robert Stanley 07/15
- Shad Hatfield 07/21
- Kim Beck 07/22
- Cory Taylor 07/29



FIREFIGHTER OF THE QUARTER

We are proud to present the name of Captain Jake Beck for Lehi's Firefighter of the Quarter. In his nomination memo, Battalion Chief Rick Howard had this to say:

"I feel that I need to take this avenue to share with you some of the recent accomplishments that Captain Beck has been involved with which bring a positive light to Lehi City Fire Department.

Continuous and productive training is very important in our profession. High impact situations with low impact opportunities make it necessary to provide training that is realistic and will keep our crews aware and up to date to the vast array of situations that take the lives of firefighters almost every day. Because we are creatures of habit, the phrase "we play the way we train" puts lifesaving actions for the firefighters in their muscle memory and makes their reactions almost automatic. Knowing how to instinctively react productively in dangerous situations will save lives. Training provides that.

Some examples of training that Jake has been involved in are: Acquired live structure burns, Burn house training, Driver training task books, LifeFlight training, Technical rescue, and Recertification issues."

Great job Jake on this well deserved award!



Captain Jake Beck

CALL TOTALS

<u>Station 81</u>		<u>Station 82</u>	
Medical:	84	Medical:	40
Fire:	27	Fire:	20
Total:	111	Total:	60

Firehouse Chili Cook Off

This June, the Anglican Communion of Central Utah held its first annual Firehouse Chili Cook Off in conjunction with Pleasant Grove's "Strawberry Days" festival to raise funds for The Center for Women and Children in Crisis. The crisis center provides a safe place for survivors of domestic violence and sexual assaults to find shelter, food, and support for a month. Local fire departments from Lone Peak Fire District, American Fork, Pleasant Grove, and Lehi all participated in the cook off for the best firehouse chili. Tickets were sold to the public and they were allowed to taste a cup of chili from each participating department. Once all the chili was tasted the customer then voted for their favorite type of chili and was served a bowl of that particular chili. Pleasant Grove Fire definitely had "home field advantage" and had an astonishing amount of support from their fire department members, families, and citizens. They were the first department to serve the entire pot of chili for the fundraiser. FF Stanley and I, along with the help of 82 C Shift from the night before, cooked a tasty and spicy chili. We were the second team to run out of chili. Lone Peak and American Fork were able to outlast the onslaught of customers until the very end with their chili. I personally didn't try any of the chili in the contest, but it was remarkable to watch the customers struggle with their personal decisions on who to vote for leaving the cooks only to guess how they may possibly vote. Overall Lone Peak placed first in the contest, followed closely by Pleasant Grove, Lehi, and American Fork. The crisis center was the ultimate winner and the event was able to raise about \$400.00 and the leftover food and beverages were donated to the center. Even though the success was small it brought enough attention and results for organizers to start planning for a fundraising event around Christmas time.



Engineer Jeff Smith

